

2204

Lighten Up With Nutritious and Delicious Dole Fruit Bowls!



NUTRITION/SPECIFICATIONS

NUTRITION INFORMATION									*Percentage of U.S. Daily Value		
DOLE Fruit Bowls, 4 oz. Serving	Calories	Fat	Sodium	Potassium	Carbohydrate	Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium
Tropical Fruit Salad in Fruit Juice	80	0	10mg	160mg	19g	2g	17g	<1g	0%	40%	0%
Diced Peaches in Light Syrup	70	0	15mg	90mg	18g	1g	17g	<1g	0%	40%	0%
Mixed Fruit in Light Syrup	80	0	10mg	90mg	19g	1g	17g	<1g	0%	40%	0%
Pineapple Tidbits in Pineapple Juice	60	0	10mg	90mg	16g	1g	14g	<1g	0%	40%	0%
Pears in Light Syrup	70	0	10mg	70mg	18g	<1g	18g	<1g	4%	40%	0%
DOLE Fruit Bowls, 4.3 oz. Serving											
Pears in Kiwi-Berry Gel (Reduced Sugar)	60	0	30mg	60mg	16g	1g	14g	0g	2%	25%	0%
Mandarin Orange in Orange Gel	90	0	50mg	50mg	23g	1g	22g	0g	8%	30%	2%
Peaches in Strawberry Gel	90	0	25mg	60mg	23g	1g	22g	0g	2%	25%	0%
DOLE Fruit Bowls, 7 oz. Serving											
Tropical Fruit in Fruit Juice	140	0	20mg	390mg	34g	2g	32g	1g	20%	120%	4%
Sliced Peaches in Light Syrup	120	0	15mg	150mg	29g	2g	27g	<1g	0%	70%	0%
Mandarin Oranges in Light Syrup	120	0	15mg	130mg	29g	1g	28g	1g	0%	70%	0%

SPECIFICATIONS									
DOLE Fruit Bowls 4 oz.	Case Code	Pack Size	Case Dimensions			Case Weight		Case Cube	Cases Per Pallet
			Length x Width x Height	Net	Gross				
Tropical Fruit Salad in Fruit Juice	38900-03048	36/4.0 oz.	13.000 x 9.625 x 6.000"			9.0 lbs.	11.0 lbs.	.4345 ft.	105
Diced Peaches in Light Syrup	38900-03073	36/4.0 oz.	13.000 x 9.625 x 6.000"			9.0 lbs.	11.0 lbs.	.4345 ft.	105
Mixed Fruit in Light Syrup	38900-03065	36/4.0 oz.	13.000 x 9.625 x 6.000"			9.0 lbs.	11.0 lbs.	.4345 ft.	105
Pineapple Tidbits in Pineapple Juice	38900-00419	36/4.0 oz.	13.000 x 9.625 x 6.000"			9.0 lbs.	11.0 lbs.	.4345 ft.	105
Pears in Light Syrup	38900-03019	36/4.0 oz.	13.000 x 9.625 x 6.000"			9.0 lbs.	11.0 lbs.	.4345 ft.	105
DOLE Fruit Bowls 4.3 oz.									
Pears in Kiwi-Berry Gel (Reduced Sugar)	38900-03076	36/4.3 oz.	13.000 x 9.625 x 6.000"			9.0 lbs.	11.0 lbs.	.4345 ft.	105
Mandarin Orange in Orange Gel	38900-03054	36/4.3 oz.	13.000 x 9.625 x 6.000"			9.0 lbs.	11.0 lbs.	.4345 ft.	105
Peaches in Strawberry Gel	38900-03053	36/4.3 oz.	13.000 x 9.625 x 6.000"			9.0 lbs.	11.0 lbs.	.4345 ft.	105
DOLE Fruit Bowls 7 oz. - Fork Included!									
Tropical Fruit in Fruit Juice	38900-79088-011	12/7 oz.	12.01 x 8.07 x 6"			5.25 lbs.	6.5 lbs.	.3365 ft.	112
Sliced Peaches in Light Syrup	38900-71966	12/7 oz.	12.01 x 8.07 x 6"			5.25 lbs.	6.5 lbs.	.3365 ft.	112
Mandarin Oranges in Light Syrup	38900-74206-011	12/7 oz.	12.01 x 8.07 x 6"			5.25 lbs.	6.5 lbs.	.3365 ft.	112

*Percent Daily Values are based on a 2,000 calorie diet.



www.dolefoodservice.com

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DP05012

Add Some



Sunshine to Your Day.





Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Specific vegetable subgroups must be offered weekly and fruit must be served daily for the National School Lunch Program. For more detailed information on meal pattern requirements see the Nutrition Standards for School Meals Website at <http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm>.

Product Name: 4 oz. Mixed Fruit in 100% Juice Code: 38900 03065

Manufacturer: Dole Packaged Foods, LLC

Serving Size: 1 container (113g) 4oz

I. Vegetable Component

Please fill out the chart below to determine the creditable amount of vegetables.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount ¹ (quarter cups)	
Total Creditable Vegetable Amount:						
<ul style="list-style-type: none"> ▪ ¹FBG calculations for vegetables are in quarter cups. See chart on following page for quarter cup to cup conversions. ▪ Vegetables and vegetable purees credit on volume served. Tomato paste and puree will continue to credit as a calculated volume based on the yields in the FBG. ▪ At least 1/8 cup of recognizable vegetable is required to contribute towards the vegetable component or a specific vegetable subgroup. ▪ The other vegetable subgroup may be met with any additional amounts from the dark green, red/orange, and beans/peas (legumes) vegetable subgroups. ▪ School food authorities may offer any vegetable subgroup to meet the total weekly requirement for the additional vegetable subgroup. ▪ Please note that raw leafy green vegetables credit as half the volume served in school meals (For example: 1 cup raw spinach credits as 1/2 cup dark green vegetable. Legumes may credit towards the vegetable component or the meat alternate component, but not as both in the same meal. The school menu planner will decide how to incorporate legumes into the school meal. However, a manufacturer should provide documentation to show how legumes contribute towards the vegetable component and the meat alternate component. See chart on the following page for conversion factors ▪ The PFS for meat/meat alternate may be used to document how legumes contribute towards the meat alternate component. 					Total Cups Beans/Peas (Legumes)	
					Total Cups Dark Green	
					Total Cups Red/Orange	
					Total Cups Starchy	
					Total Cups Other	

I certify the above information is true and correct and that _____ounce serving of the above product contains _____ cup(s) of _____ vegetables.
(vegetable subgroup)



ii. Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount ¹ (quarter cups)
Peaches	0.9	X	0.9/1	0.5
Pineapple	1.2	X	1.2/1	0.8
Pears	0.5	X	0.5/1	0.3
Fruit Juice	1.3	x	1.3/1	0.6
Total Creditable Fruit Amount:				2.2

- ¹FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.
- At least 1/8 cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, 1/2 cup raisins credits as 1 cup fruit).

I certify the above information is true and correct and that 4.0 ounce serving of the above product contains 1/2 cup(s) of fruit. **Quarter Cup to Cup Conversions***

0.5 Quarter Cups = 1/8 Cup vegetable/fruit or 0.5 ounces of equivalent meat alternate

1.0 Quarter Cups = 1/4 Cup vegetable/fruit or 1.0 ounce of equivalent meat alternate

1.5 Quarter Cups = 3/8 Cup vegetable/fruit or 1.5 ounces of equivalent meat alternate

2.0 Quarter Cups = 1/2 Cup vegetable/fruit or 2.0 ounces of equivalent meat alternate

2.5 Quarter Cups = 5/8 Cup vegetable/fruit or 2.5 ounces of equivalent meat alternate

3.0 Quarter Cups = 3/4 Cup vegetable/fruit or 3.0 ounces of equivalent meat alternate

3.5 Quarter Cups = 7/8 Cup vegetable/fruit or 3.5 ounces of equivalent meat alternate

4.0 Quarter Cups = 1 Cup vegetable/fruit or 4.0 ounces of equivalent meat alternate

*The result of 0.9999 equals 1/8 cup but a result of 1.0 equals 1/4 cup

Signature



Hany Farag, BS., JD.

Printed Name

Vice President, Quality & Regulatory Affairs

Title

4/8/2016

Date

1 805 601 5611

Phone Number