



Product:	FRUITCKTL LIGHTSYRUP	Brand:	Harvest of Eden
Pack:	6/10	Item:	38935ED
Reviewed By:	K.Faccone	Reviewed:	4/11/16

Ingredients: Diced Peaches, Diced Pears, Pineapple Segments, Seedless Grapes, Cherry Halves. (Red # 3), Water, Sugar and Citric Acid

Shelf life: 2 years

Brix: 14° to 18°

Country of Origin: CHINA

Recommended Storage: Dry. Store in cool dry location.

Nutrition Facts		
Serving Size	1/2 cup (140g)	
Serving per container	About 21	
Amount per Serving		
Calories 80	Calories from fat	0
% Daily Value		
Total fat	0g	0%
Saturated fat	0g	0%
Trans fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrate	21g	7%
Dietary Fiber	1g	4%
Sugars	20g	
Protein	0g	
Vitamin A 6%	•	Vitamin C 4%
Calcium 0%	•	Iron 2%
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
Calories	2,000	2,500
Total Fat	< 65g	< 80g
Sat. Fat	< 20g	< 25g
Cholesterol	< 300mg	< 300mg
Sodium	< 2400mg	< 2400mg
Total Carbohydrates	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9	Carbohydrates 4	Protein 4