

FLAV-R-PAC handpicks, individually quick freezes and carefully packs only plump, premium quality Grade A blueberries. These IQF blueberries are great for baking, toppings and fruit salads.

**Product Package Sizes:**

2.5# Package

20# Package



Flavpac  
MFG #38112

Ingredients

Nutrition

Nutrition Facts

**Serving Size:** 1 cup (123g)

**Servings Per Container:**

**2.5# Package:** 9

**20# Package:** 74

Amount Per Serving

Calories: 70      Calories From Fat: 0

	% Daily Value*
Total Fat 0.0g	0%
Saturated Fat 0.0g	0%
Trans Fat 0.0g	
Cholesterol 0.00mg	0%
Sodium 10mg	0%
Total Carbohydrates 16g	0%
Dietary Fiber 4.00g	0%
Sugars 14.00g	
Protein 1.00g	

Vitamin A 0%      Vitamin C 6%

Calcium 0%      Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Preparation

Storage

Pack



NORPAC FOODS, INC.

3225 25<sup>th</sup> St. SE  
Salem, OR 97302-1133  
PO Box 14444  
Salem, OR 97309-5012  
503-480-2100

**CERTIFICATE of ORIGIN**

This is to Certify that the Frozen Blueberries, NORPAC Foods, Inc., Catalog#38112, being offered for sale, were grown, processed, and packaged in The United States of America.

Bob Beck, Assistant Manager  
Corporate Quality Assurance Department  
NORPAC Foods, Inc.

May 25, 2016